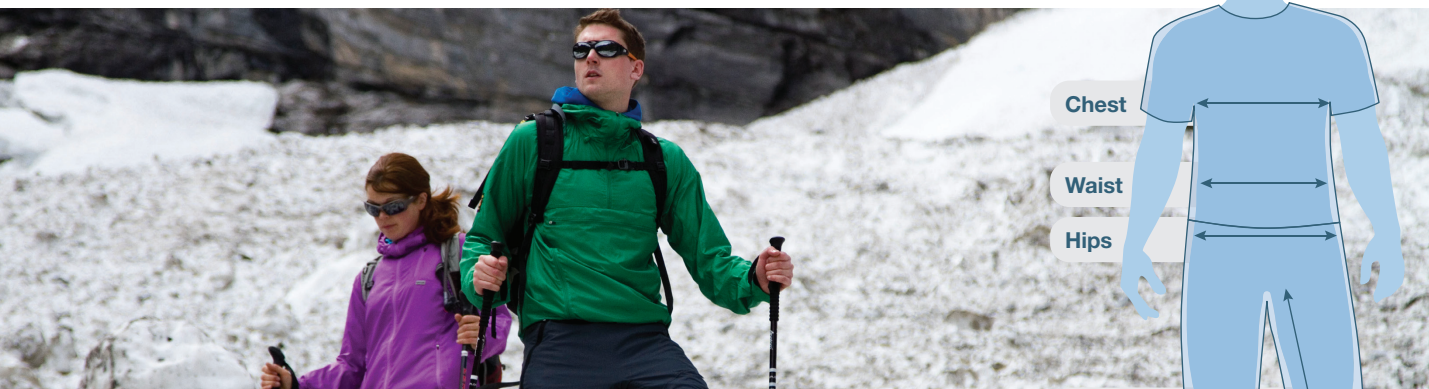




Páramo Men's and Unisex EASY FIT Size Guide

SIZE		XS		S	M	L	XL	XXL
UPPER BODY								
Trek & Travel, Cambia Classic & Grid Classic Baselayers	Chest	–	–	97cm 38"	101cm 40"	109cm 43"	117cm 46"	125cm 49"
Jackets*, Smocks, Fleece, Gilets & Halcon Waistcoat/Traveller	Chest	93cm 36.5"		97cm 38"	101cm 40"	109cm 43"	117cm 46"	125cm 49"
Unisex Poncho**	Chest			101cm 40"		125cm 49"		
UNDERWEAR								
Cambia Underwear & Grid Long Johns	Waist	–	–	76cm 30"	81cm 32"	91cm 36"	101cm 40"	111cm 44"
LEGWEAR								
Cascada Trousers	Waist	–	–	76cm 30"	81cm 32"	91cm 36"	101cm 40"	111cm 44"
	Shorter Short Leg	–	–	–	68cm 27"	72cm 28.5"	72cm 28.5"	–
	Short Leg	–	–	68cm 27"	72cm 28.5"	76cm 30"	76cm 30"	–
	Regular Leg	–	–	72cm 28.5"	76cm 30"	80cm 31.5"	80cm 31.5"	80cm 31.5"
	Long Leg	–	–	–	80cm 31.5"	84cm 33"	84cm 33"	–
Cascada II, Pájaro & Quito Trousers	Waist	–	–	81cm 32"	86cm 34"	91cm 36"	96cm 38"	101cm 40"
	Short Leg	–	–	74cm 29"	74cm 29"	74cm 29"	74cm 29"	–
	Regular Leg	–	–	79cm 31"	79cm 31"	79cm 31"	79cm 31"	79cm 31"
	Long Leg	–	–	84cm 33"	84cm 33"	84cm 33"	–	–
Maui Trousers & Shorts and Malabar Trousers	Waist	–	–	76cm 30"	81cm 32"	91cm 36"	101cm 40"	111cm 44"
	Shorter Short Leg	–	–	–	74cm 29"	74cm 29"	–	–
	Regular Leg	–	–	79cm 31"	79cm 31"	79cm 31"	79cm 31"	79cm 31"
	Long Leg	–	–	–	–	84cm 33"	–	–
OVERLAYERING TROUSERS								
Torres Trousers*	Waist	71cm 28"		76cm 30"	81cm 32"	86cm 34"	91cm 36"	96cm 38"
	Regular Leg	79cm 31"		79cm 31"	79cm 31"	79cm 31"	79cm 31"	79cm 31"

SIZE		30	32	34	36	38	40
LEGWEAR – Fitted Waists							
Velez Adventure	Waist	76cm 30"	81cm 32"	86cm 34"	91cm 36"	96cm 38"	101cm 40"
	Short Leg	–	74cm 29"	74cm 29"	74cm 29"	–	–
	Regular Leg	79cm 31"	79cm 31"	79cm 31"	79cm 31"	79cm 31"	79cm 31"
	Long Leg	–	84cm 33"	84cm 33"	84cm 33"	–	–

Garments are specified using metric measurements, therefore the metric measurements in this chart are the most accurate. Imperial equivalents are rounded to the nearest half number. Measurements in the chart relate to body rather than garment measurements – thus, for example, a leg length measurement given here is for a person's leg length, not the actual leg length of the garment to reflect the fact that our garments are designed specifically for a number of different activities.

*The Torres Jacket and Trousers are designed to be worn over a Páramo Directional Waterproof outer and have been sized accordingly.

**The Poncho has been designed so that it can be worn over a rucksack and as such has a long back. When worn without a rucksack size S/M will fit a person of up to a height of 1.65m (5ft 5") and L/XL will fit person taller than 1.65m (5ft 5"). The centre back length of the Poncho's two sizes differs by 15cm.



Páramo Men's and Unisex ATHLETIC FIT Size Guide

SIZE		S	M	L	XL	XXL
UPPER BODY						
Cambia Sport & Grid Technic Baselayers	Chest	97cm 38"	101cm 40"	109cm 43"	117cm 46"	125cm 49"
Enduro Jackets & Fleece, Ciclo Jacket	Chest	97cm 38"	101cm 40"	105cm 41.5"	109cm 43"	113cm 44.5"
LEGWEAR						
Enduro Trousers	Waist	81cm 32"	86cm 34"	91cm 36"	96cm 38"	101cm 40"
	Regular Leg	79cm 31"	79cm 31"	79cm 31"	79cm 31"	79cm 31"

Garments are specified using metric measurements, therefore the metric measurements in this chart are the most accurate. Imperial equivalents are rounded to the nearest half number. Measurements in the chart relate to body rather than garment measurements – thus, for example, a leg length measurement given here is for a person's leg length, not the actual leg length of the garment to reflect the fact that our garments are designed specifically for a number of different activities.